

Mary Goldstein, PT

“Going Beyond Traditional Therapy”

An Integrative Physical Therapy Practice that is committed to providing effective, high quality treatment *for the whole family.*



Mary’s mission is to empower you to reclaim your life and experience pain free living to the fullest!

Mary provides one-on-one, hands-on-treatment for children and adults, that reduces pain and dysfunction and restores wellness. Treatments are individualized and integrate the John F. Barnes’ Myofascial Release Approach, CranioSacral Therapy, Therapeutic Exercise & Yoga.

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